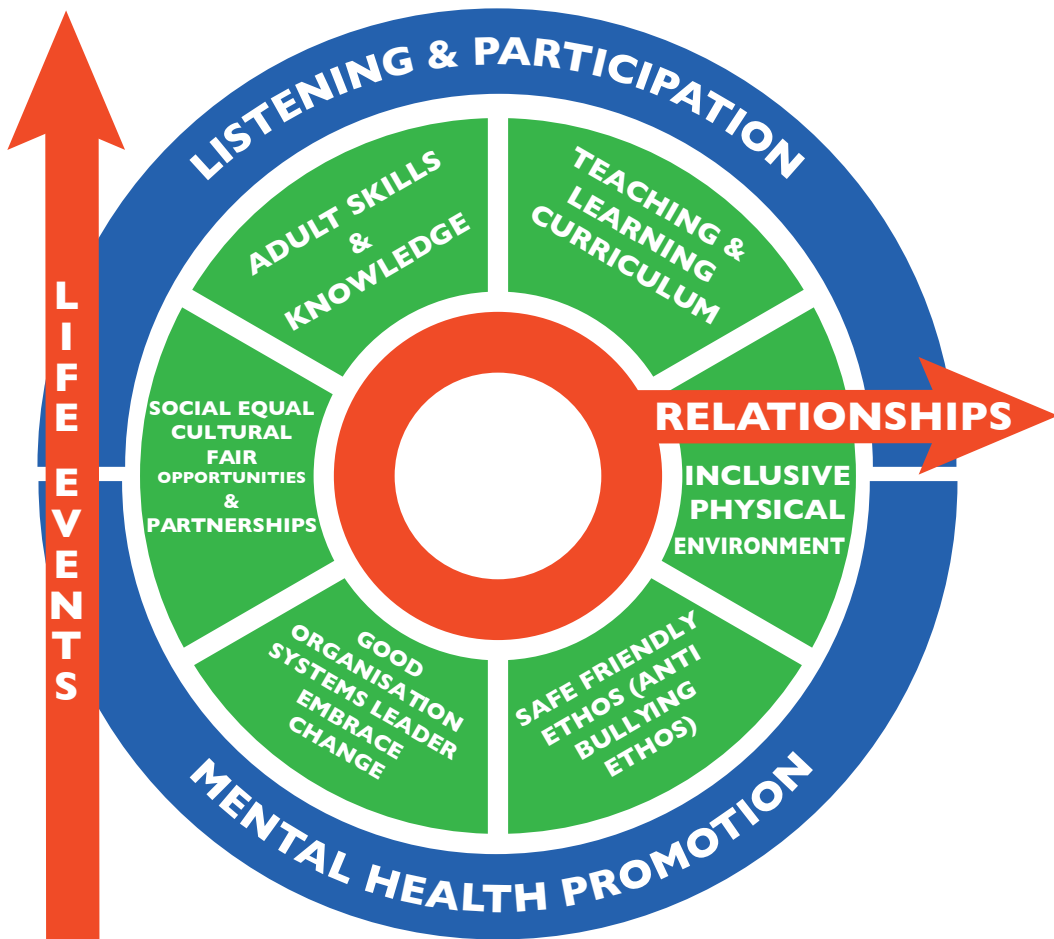



Mental Health Charter Mark for Education & Care Settings



Meso Level - Setting Climate Focus

<p>Adults Skills, Knowledge & Support</p> <p>Adults know about child and adolescent development and understand the effects of pressure and experiences on mental health, learning and growing. Adults have positive, non-judgemental attitudes; they are consistent and care for children and adolescents. Adults have CPD, support and necessary therapeutic or reflective supervision</p>	<p>Teaching & Learning Curriculum</p> <p>The curriculum is flexible with a variety of options to suit individuals. Adults understanding of pedagogy is reflected in their teaching approaches, understanding and support offered to young people.</p>
<p>Inclusive Physical Environment</p> <p>Inclusive, welcoming physical environment with good, clean, varied facilities and equipment.</p>	<p>Safe Friendly Ethos</p> <p>Safe, friendly atmosphere that provides a caring and safe environment, free from bullying and intimidation.</p>
<p>Good Organisation Systems Leader Embrace Change</p> <p>There are good leaders, with organised systems and policies to promote positive behaviour, attendance and learning, and support change by empowering and involving children and young-people.</p>	<p>Social Equal Cultural Fair Opportunities & Partnerships</p> <p>There are social opportunities that involve everyone, and partnerships are encouraged to offer support and bring out the best in people. Equal, cultural and fair opportunities create community unity and social inclusion.</p>

Macro Level - Community & Setting Culture Focus

<p>Listening & Participation</p> <p>Society and setting culture have effective leaders with services and systems for listening, participation and involvement.</p> 	<p>Mental Health Promotion</p> <p>Child and adolescent views and opinions about mental health and promotion are listened to and taken seriously, ensuring more people have an understanding of mental health.</p>
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Meso Level - Individual & Relationship Focus

<p>Life Events</p> <p>Child and adolescent development: adults understand the impact that personal characteristics and experiences can have on children and adolescents as they are growing up. Everyone is treated as an individual and is seen as being at the heart of the setting community to ensure support and plans are child-and adolescent-centred.</p>	<p>Relationships</p> <p>The importance of high-quality relationships and a sense of belonging are understood & valued. Advice and support are available about friendships, sexual development issues and developing resilience to cope with peer pressure.</p>
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